

**Step 5: Sum up.** Collect most important discoveries in your MeCard. Write down or draw the story about yourself that you see through the images.

**Step 6: Write down conclusions** in your YOUTHPASS certificate or ETS Competence Model. Before doing that, check out the glossary to see which competences stand by the images you chose.



CREATED BY FERSO Foundation (Poland) / NaturKultur e.V. (Germany)

ILLUSTRATIONS BY Dagna Gmitrowicz and Anna Szlęk

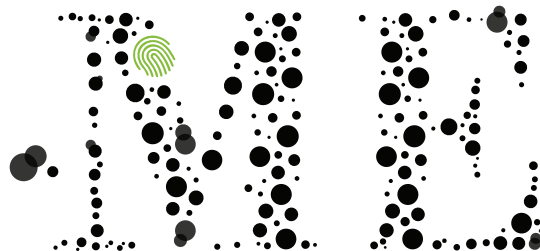
DESIGN BY Dinara Yerbolekova

ONLINE CARDS [www.metimecards.eu](http://www.metimecards.eu)

MORE INFO [www.go-visual.eu](http://www.go-visual.eu)



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**TIME** ↙ ↘ ↙ ↘ ↙ ↘ ↙ ↘



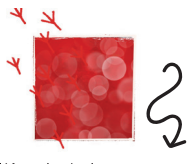
**Step 1. Check-in.** Are you ready for MeTime experience?



So so. What would you need to get ready? Better place? Different mood? More time? ...?



Ready. You may start your reflection experience.

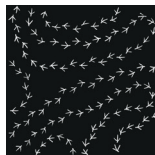


It's ok, take your time and come back whenever you feel so.

**Step 2. Take MeCard** and keep it ready to note your discoveries.



**Step 3: Choose Past or Future.** Do you want to look at yourself in the future or in the past?



**Past:** get one **trace** based on your intuition.



**Future:** get a **bubble** that you like the most.

**Step 4:**

**Past:** think about a concrete moment or time. Choose image/s that illustrate **YOU** in this experience.

**Future:** think about yourself in the near future. Choose images that illustrate the strengths you need to achieve your visions.

